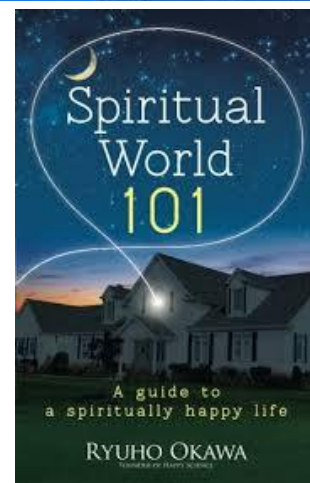
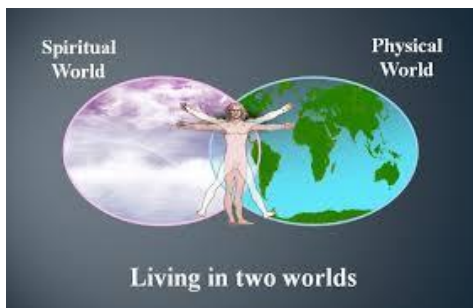
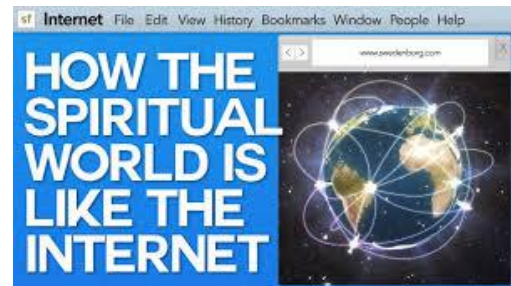
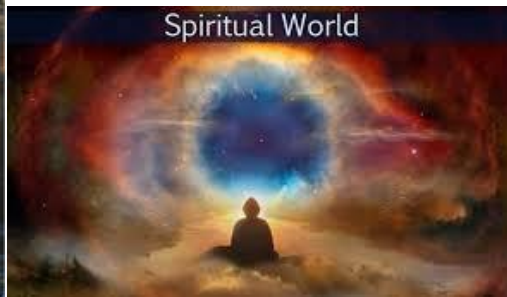
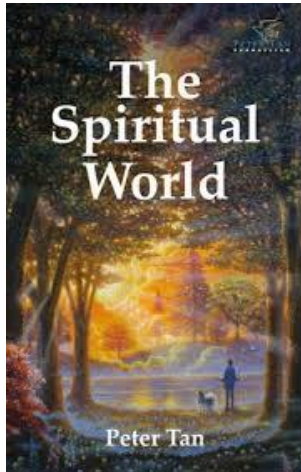
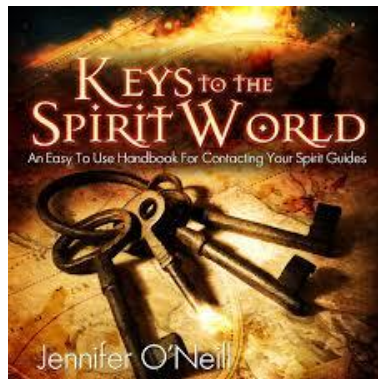
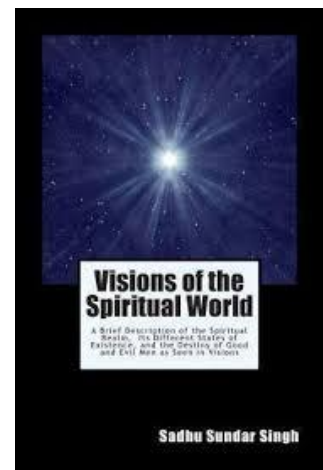
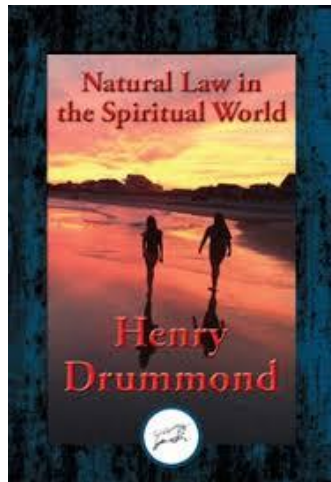
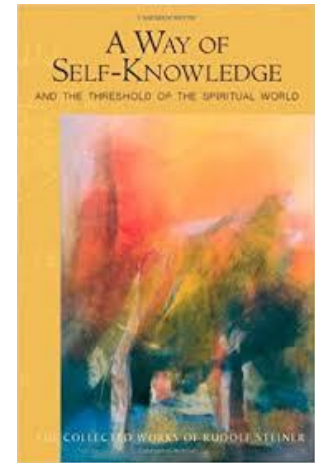
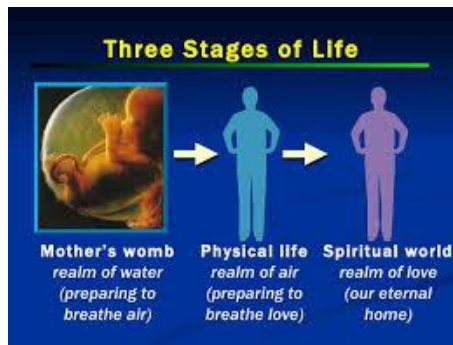


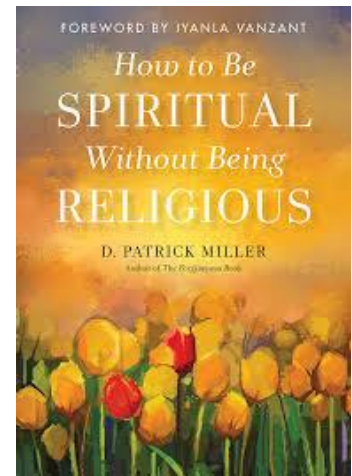
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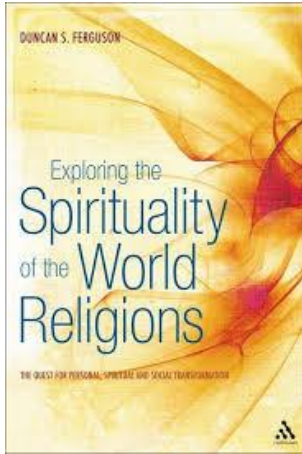
Spiritual / Divinity World





People who are spiritually minded tend to suffer from anxiety and depression more. But this is because their eyes are open to a world that is in need of repair. They literally have an increased ability to feel the emotions of people around them.

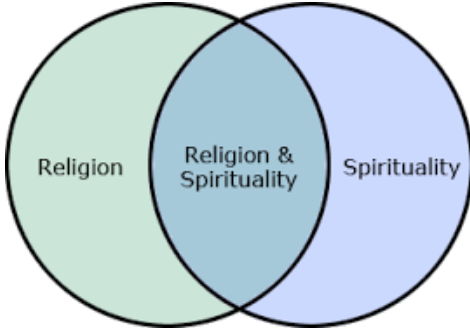




Without the spiritual world, the material world is a disheartening enigma.

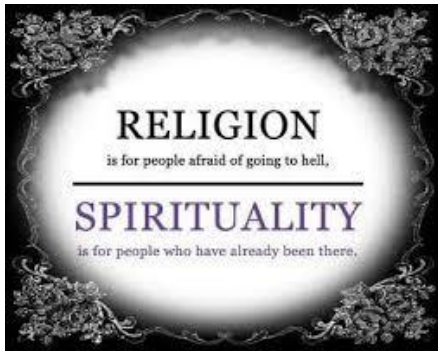
- Joseph Joubert

Quote Unquote



Distinguishing Spiritual & Religious

Spiritual	Religious
• Equanimity	• Religious Commitment
• Spiritual Quest	• Religious Engagement
• Ethic of Caring	• Religious/Social Conservatism
• Charitable Involvement	• Religious Skepticism
• Ecumenical Worldview	• Religious Struggle



Spirituality vs. Religion

Spirituality	Religion
• Belief within all individuals	• Expressly stated; organized belief system
• Internal focus	• External focus, formal structure
• Goal: determine common principles, values and ethics	• Goal: salvation through one truth; one right way
• Beliefs about what is Good, True and Beautiful	• Differentiates between groups of people who believe that only their Truth is absolute
• Unites people	

Adapted from Hicks (2002: 386-387); Mitchell & Denton (1998: 63-65); and Puyig (1974: 362).

"Spirituality speaks from the soul.
Religion speaks from the mind."
Anthony Douglas Williams - Speaker for Thomas Jefferson

I consider myself more spiritual than religious,
Spirituality is for those seeking understanding,
Religion is for those seeking reward
- @Islam_GermanY
boardofwisdom.com

